



### Excerpts from Various Chapters

Life moves into a high gear of satisfaction when you start waking up inspired. My transition was from living a life fueled by motivation.

What is the difference?

Motivation is a reward to get us to do something we evidently don't feel like doing naturally.

Inspiration is the passion to be something or do something because we feel a compulsion or great emotional desire

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Isn't the reward of happiness the purpose for pursuing fame and fortune? Everyone knows it requires work and compromise, so what is the payoff? Happiness. What is the

payoff for working hard at something we don't love when we don't get the reward?  
Frustration.

Inspiration is not frustrating, because from day one we are doing what we want to do. I love to write and everyday I write. I would like to be recognized or make money but I write to write, regardless.

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Becoming who you want to be or deciding what you want to do is an emotional exercise. It's a passion. It's a realization. It's a revelation. It's an epiphany. You don't intellectually decide you are inspired.

Do you think Peyton Manning wrote down on a piece of paper when he was 4 years old that he wanted to become a quarterback? He was already a quarterback. He just had to develop the skills so that someone would let him play.

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The reason people usually fail to reach their goals:

- They feel no personal attachment to the goal.
- The goal has nothing to do with who they are
- There are no real consequences for their failure
- The goal was probably an objective and not a real goal
- Someone set the goal for them

If I want to summit a mountain on my mountain bike and I can't make it the first five times, it is no reason to quit. I might need to be in better condition, have better balance techniques, learn more about shifting, or maybe approach it from the other side of the mountain. As long as I don't quit, I have not failed.

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How many people are inspired to pursue something for which they are never recognized and yet the pursuit or the activity itself is all they really care about?

Inspiration creates the full unfettered effort from the individual who has made a declaration of what they are and how they express themselves. Someone could say they are a ballerina and yet never make it to the stage as a paid performer.

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Inspired people decide in their minds that they are already what they want to be. Next, they want to express it. This is their happiness. This is their end already realized. They

get to live everyday being what they want to be. The act of expressing it is their pay off and joy. It might look like they are taking great risks, but they don't see that they could have it any other way.

Get the full 18 pages and find your Inspiration.

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