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Introduction

I think there is a great need to feel Inspired. It is like a thirst that cannot get quenched. Most people are not sure how to get there, but they know they don't feel it. I got there by crossing a bridge. I knew the difference after I had crossed and started enjoying the new land.

Hopefully, I can get you there.

Chapter 1 What is the Difference Between Motivation and Inspiration?

Life moves into a high gear of satisfaction when you start waking up inspired. My transition was from living a life fueled by motivation.

What is the difference?

Motivation is a reward to get us to do something we evidently don't feel like doing naturally. In reality, it is inducement or seduction.

Inspiration is the passion to be something or do something because we feel a compulsion or great emotional desire.. It not only feels natural, we almost refuse to do anything else.

We can be inspired to be an artist, a chef, a quarterback, or a computer programmer. It can be anything.

If we are motivated we might pursue these activities because we have a talent and we want to do it for the money or recognition. Anyone might like to earn money for their efforts as a reward or even for the recognition, but the real separation is the motive.

An inspired person might pursue their activity before they can earn money out of love of the activity. A motivated person usually pursues the activity for the reward.

For example, I always needed motivation to study. Sometimes it even took threats to get me to study. The college carrot kept me going. I bought into the program that I needed to get good grades to go to a good college.

However, I never needed motivation to play football. It is what I wanted to do from the time I was young. I played with my friends every chance I could get. I did not have an ambition to play in college or be a star, I just wanted to play.

I studied out of motivation, but I had a passion for football.

Isn't the reward of happiness the purpose for pursuing fame and fortune? Everyone knows it requires work and compromise, so what is the payoff? Happiness. What is the payoff for working hard at something we don't love when we don't get the reward? Frustration.

Inspiration is not frustrating, because from day one we are doing what we want to do. I love to write and everyday I write. I would like to be recognized or make money but I write to write, regardless.

I listened to a speaker explain how quantum physics explains successful practices. Most people do not achieve their dreams because they are always trying. Motivation is

what keeps us trying. If I can achieve this I will get that. How often have we heard, try harder? If at first you don't succeed try again. This is good advice, but if you are working at a goal for rewards or to keep a job, it is much more difficult.

People in this position find they need more relief like in alcohol or adrenaline pumping activities. There is a great need for release from frustrated emotions.

I call living by motivation, living in the Box. We set goals and fail and then set new goals. We tend to short shrift not reaching our goals after awhile because we weren't really committed in the first place.

I wanted to get A's in school, but it often required more effort than I was willing to commit. When I found that my parents would accept B's, then it was also fine with me. Some classes were fun and I was inspired to get good grades. Other classes I didn't like and it was only motivation that kept me from failing.

I hired and trained sales people for years. Everyone wanted to make money but it took real motivation to get most of them to pursue the right activities. Most wanted to rely on their personalities and did not want to participate in uncomfortable activities like cold calling or door knocking or farming.

Some lived on an entirely different plane. They ate, lived, and breathed the business. There is nothing they wouldn't do to be successful. The business was who they were. Money was secondary.

Their successes were just milestones along the path of achieving the greatness they envisioned for themselves. Most of them are still in the business and will be until they die. Quitting was never a consideration.

Becoming who you want to be or deciding what you want to do is an emotional exercise. It's a passion. It's a realization. It's a revelation. It's an epiphany. You don't intellectually decide you are inspired.

Do you think Peyton Manning wrote down on a piece of paper when he was 4 years old that he wanted to become a quarterback? He was already a quarterback. He just had to develop the skills so that someone would let him play.

Do you think Vincent Van Gogh wrote down on a piece of paper when he was young that he wanted to be a painter? He was already a painter. He spent his whole life painting and just tried to earn enough to buy more supplies.

These people have a passion for life. They have a passion that wants to be expressed. They have a passion that expresses who they are.

They don't need to be motivated to pursue their passions.

Doesn't it seem ridiculous that someone would have to ask Peyton Manning what it would take to get him to play football or Vincent what it would take to get him to paint?

When some is inspired, you can't keep them from it. When we have to motivate someone, the passion is missing.

How often do we get bribed by parents and teachers and bosses to do things that are really their goals or agendas and not really ours?

The amount they offer us or threaten us to succeed is a function of how bad they want their agenda to succeed and how greatly they sense we are resisting.

People with a passion, live to pursue their dreams.

People that don't have a passion for an activity, have to be bribed, motivated, or paid.

Chapter 2 When Does Goal Setting Not Lead to Success?

Success is determined by our intention. If we are committed to a result, time is the only separation; the outcome is certain. Success is a combination of vision, will, and commitment. There is no quitting in success. It also requires that the end be commensurate with the resources of the person committing.

These resources may be talent, education, training, financing and time. There is no point in me committing to get to the moon without a lot of support. However, if my goal is to be a lawyer, there is more in my control. If my goal is to lose 10 pounds, it should be easily attainable.

The reason people usually fail to reach their goals:

- They feel no personal attachment to the goal.
- The goal has nothing to do with who they are
- There are no real consequences for their failure
- The goal was probably an objective and not a real goal
- Someone set the goal for them

If I want to summit a mountain on my mountain bike and I can't make it the first five times, it is no reason to quit. I might need to be in better condition, have better balance techniques, learn more about shifting, or maybe approach it from the other side of the mountain. As long as I don't quit, I have not failed.

In the same example, what would be the difference in someone who quits and someone who succeeds?

The person who quits probably had a goal to get in better shape and thought mountain biking would be good exercise. When they failed to climb the mountain in 5 tries, they gave up and decided they would try running instead.

Climbing the mountain wasn't a real goal.

The person who succeeded said I am a great mountain biker and to prove it to myself, I am going to summit that mountain. When he failed the first five times, he didn't quit. He said, I am still a mountain biker. I will climb other mountains and work on my skills. Someday, I will come back and climb this mountain. I have no interest in other sports as substitutes.

Inspiration is the act of being instantly. It is declaring in your own mind that your goal is to participate in the activity regardless of where it leads.

The unsuccessful mountain biker was trying the sport as an exercise to get in shape. If it didn't meet his goals, he could do something else. The inspired biker was only interested in mountain biking. He would do the best he could and keep working. Achieving ends was only a milestone in his never ending pursuit of his sport.

In the work place, it is difficult to hire someone and pay them the minimum we can get away with and then ask them to become their job. People in the work place often need incentives to get more effort and more performance from them.

Employers set goals to try and get that better performance. They have realistic expectations of the likelihood of people achieving his agenda. Typically, if people are not inspired to reach his goals, he hires someone else.

Chapter 3 What if Being Inspired Does Not Lead to Success?

I have discussed that even inspiration may not make someone successful

Inspiration is a passion but not necessarily a ticket to success. The inspired person is often not thinking about success first. They are thinking of the activity first.

I have also expressed that if you never quit you never fail.

How many people are inspired to pursue something for which they are never recognized and yet the pursuit or the activity itself is all they really care about?

Inspiration creates the full unfettered effort from the individual who has made a declaration of what they are and how they express themselves. Someone could say they are a ballerina and yet never make it to the stage as a paid performer.

They could still dance all their lives and be successful because dancing everyday or week in their homes or at a studio is who they are.

Where you wind up with your activity is almost secondary. Making a living with the pursuit, of course, might be important, but inspired people often start their work of inspiration as an avocation or outside interest while they are earning a living.

One of the reasons we lose faith in achieving our goals, is that the goals are not properly defined. Are they something we think would be great if they happened or are they really important to our lives?

Is the goal the real goal? With the first mountain biker, he wanted to get in shape. If he couldn't climb the mountain, he could try running or the gym. Failing to climb the mountain didn't ruin his purpose of getting in shape. Climbing the mountain was a secondary interest to getting in shape. Quitting the pursuit of the goal was of no real consequence.

I think a lot of people fail to reach their goals because there is really a larger goal which the failed goal doesn't really affect. Sometimes failing the short term objective just needs the creation of a new strategy.

It's important to keep the real goal in mind and differentiate between objectives and goals. I think a failed goal could also be called an objective. If the objective is not reached, then a new strategy should be created.

As long as we never quit, we never fail.

Chapter 4 Living Inside the Box or Outside the Box

Living in the Box is living for all the things that require motivation or goals. Living in the Box is usually living without inspiration.

Living in the Box includes, by definition, a lot of intellectual processes for deciding what we want to do with our lives. We measure what others have told us and what our parents wished and we observe and make logical decisions. Life takes place in our heads. These are not usually decisions fortified with passion or that express who we are. They don't even come with real commitment.

Getting outside the Box might require that we drop a whole load of programmed thoughts that the system has beat into our beliefs. The lizard brain that registers fight or flight might tell us that risking the unknown has lots of potential for failure. The lizard warns that we might cause ourselves embarrassment and humiliation from leaving the beaten path.

Our early tutors are usually steering us toward the certainty of the well travelled path. People that love us can't stomach risk. They want us to take a path that has proven fruitful for most people. This path would be an good education and a good job.

Inspired people have often made their declaration early in life. They may have recognized they had passions and nothing would get in their way. If they are talented, they usually get great support.

Inspired people decide in their minds that they are already what they want to be. Next, they want to express it. This is their happiness. This is their end already realized. They get to live everyday being what they want to be. The act of expressing it is their pay off and joy. It might look like they are taking great risks, but they don't see that they could have it any other way.

For example, why would any one climb Mount Everest? In a lesser degree, why would anyone get on a stage and sing or act? On the other hand people might ask me, why would I want to write and publish?



Wouldn't we all be safer staying at sea level and working a 9 to 5 job? We would be told what to do and take home our paychecks.

Stepping out of the box often takes great courage. The person who steps out thinks, they would just as soon die, perhaps, as be denied what they want to do. Many an Everest climber does die in their pursuit and the people who love them say, "They died doing what they loved to do most."

But, a lot of people die everyday from boredom and then drink to erase the feelings. But they would rather drink and crash than get up on a stage and sing.

It might require sacrifices and courage to move from the Box to outside the Box.

But you will either experience your joy now or maybe realize later you missed it.

What do I mean?

Carlos Burle is one of the founders of the World Big Surf Tournament where people get points for riding the biggest waves. I am talking about the 50 to 100 foot waves. He started as a young surfer and realized that this is all he ever wanted to be. He did what ever it took to keep surfing.

For awhile it was winning contests and getting sponsors. Then it had to be working at odd jobs to get the money to go to the next contest. If his goal was to become a sponsored surfer, his life ambition might have been over early.

But his inspiration was surfing. He was a surfer. His goal was to keep surfing.

I have lived a life in the box chasing motivations to goals. My goals were worthwhile and my achievements were excellent. I have the two best daughters on earth, am in good health, and enjoy what I do.

But did I live inspired, expressing myself at all times with self expression as my main goal. No. I lived to earn a living so I could buy things. I was good when I was in the real estate business, but I kept needing more pay to keep on doing what I was doing. Because my boss thought I was good, he kept paying me more to keep me working.

Eventually, not even the money could keep me facing the stress.

At some point, I realized that my times of highest spirit were those times I felt connected to mother nature. I felt most connected being in the outdoors where I could feel and appreciate how simple life was and that I was more than being a real estate person.

I had the revelation early in life that I was part of a much bigger picture and that I could have the happiest times just hiking and appreciating the wonder of the outdoors. I could have pursued the outdoor life full time and would certainly have lived differently.

I have always loved the mountains and the beach. So I have moved to the beach. I have always loved writing and so started to write. I have goals but the essence is to write. It expresses who I am. Not hitting achievement goals has very little importance compared to the goal of continuing to write.

I wake up 7 days a week wanting to write. I also love to exercise. It is who I am. I have taken up surfing again, because it is here and because it fits into how I express myself. I love to eat healthy. It is respect for my body and the ability of nutrition to maximize my potential.

You know people who are expressing what they are by what they do. There is a difference between in the Box and outside the Box. Is Peyton Manning doing it for the money or is this guy just a pure quarterback? Of course, he was always aware of the payoffs but his dad was a quarterback and in that family, you are a quarterback.

Do you wake up thinking that you will spend today expressing who you are or are you trying to reach a goal created by a motivational payoff? Are you trying to be something or have you already declared you are a chef or a baker or a football player or a playwright? If you say now that you are a baker, you are a baker. Now you just need to find some place to bake or someone to hire you to bake.

Nothing will ever stop you from baking. You are a baker.

Are you living in the Box or Outside the Box?

When you are expressing who you are everyday, you are getting your payoff. If you are the baker, baking is your payoff. You don't need to serve the Queen, you just need to bake.

In the box, we find happiness is defined by saying I will be happy when I get X. Outside the box we say I am happy now.

Chapter 5 The Basis of Inspiration

Connection

Some people believe in God, some do not. Some people believe in evolution and others believe that God created Adam and Eve and placed them in the Garden of Eden.

It is really not important. What is more important is if you are at all awed by the fact that out of 5 billion years of earth's existence, you are here now for a very short period of time.



What might matter is if you can accept that you are perfect and are as evolution has intended. Each of our parents have descended from 500 to 1,000 previous generations and have mixed the genes from the two pools to create one of the most unique creatures in the whole world, maybe of all time—You.

There has never been anyone exactly like you. Nobody knows what you can do. Even you don't know.

We have a short period of time on earth and when we are gone, the world will have lost a very unique creature--You. Will the world ever know what you are capable of expressing or how appreciative you are for being here?

What you do or don't do will never matter to more than a few people. The most important person to judge whether you have made the most of your existence is the only person who can do something about it—You.

As we take each unique person and throw them into the box blender, they may turn out like so many mashed potatoes. How many even appreciate the earth they live on, how it works perfectly without man's input and how it will work perfectly after they are gone?

After a life of the real estate business, I could have defined myself by my profession and as being a father and good friend. Was I inspired everyday to get up and go through my duties. No, I was motivated.

When I was young I had experiences in the mountains of Mammoth hiking, fishing and camping with my friends. One day I had a revelation that in the middle of this environment, I felt my connection to everything on earth and how perfectly everything worked.

I was camping one time at 11,000 feet and there was the continuous flow of water over a falls from the adjacent lake. There was sunshine, greenery, animals, cloudless blue skies and really nothing else. Life is that simple.

Man evolved from a single cell to very complicated societies with all kinds of complicated thoughts and beliefs. But it is necessary to see that in reality, we fit into a very simple structure.

The universe has been here maybe a trillion years. It may be here a trillion years after we are gone.

While we are here, do we spend anytime exploring the beauty of the simplicity or the awesome capability we have to enjoy, express, emote, feel, love, and create? We are here a short time in the trillion years of the universe's life. Aren't we curious about being connected to a greater extent than earning a living and watching the tube?

We either feel the connection or we don't.

If we feel the connection, we realize that what we place value in expresses our connection. Are we happy we are here? Do we enjoy and appreciate who we are? Do we have love and respect for everyone else that is here?

Our daily expressions and behavior expresses where we are in this spectrum.

Are we frustrated by our lives or excited?

Frustration can result if we are not clear about:

who we are and

why we are here.

Reaching conclusions on even these two questions determines if we are living in the box our outside and whether we are inspired or living by motivation.

If you say you are a file clerk and that is why you are here, you have jumped over the dollar to pick up the dime.

2>Love

Love is a human need. We need to love others, we need to feel loved, we need to love ourselves, and we need to love our lives.

Love is very automatic when you feel connected and inspired. Inspiration is the essence of love. Knowing you were born perfect and have an equal part in the grand scheme creates great self esteem and entitlement. It enables you to love yourself and others equally.

I am not the best tennis player, the greatest poet, best painter, or even the best writer. Living In the box, this could mean a lot of things. It could mean that I have to get much better to be somebody.

Out of the box, it means nothing. The fact I can say I am a tennis player or poet or writer is all that is important. I am just as important in the grand scheme of things as everyone else. We have equal weight.

Why wouldn't I be in love with a life like this? I can be who I am and what I want and in God's eyes or in the evolution of the big bang I am no more or less than the polar bear or Roger Federer.



I have the capability of discernment, judgment, appreciation, expression, calculation, love, and what ever other possible thoughts, feelings, or capabilities might be available in this universe.

I love that I am here. I love the earth that I live on. I love the fact I can express myself. I love that in the grand scheme of things, I am as perfect as can be expected. I love that I have other humans with the same entitlements with whom I can share my feelings and experiences.

3>Faith

If my life lacks a certain amount of connection and love, I might lack faith.

What is faith? It is a belief in the positive that things are not stacked against me and that no one including God or any other deity or natural force or fate, has it out for me. It's amazing how many people can't get even get past this.

I meet all the basic requirements of being human and have the entitlements to be on this planet at this time, so my fate is my own.

Faith also has a more positive bent. I believe that if I make my contribution, things will work for me. By being inspired and expressing myself and giving others their space, I

will have good karma. Karma is a loaded word, but I use it here because most people agree on its meaning.

I think that I also bend things to my liking. I know that I am here on purpose. I appreciate that I am here. I contribute in a way that is helpful. I expect to get support. I ask for the things that I need. I want to be partners with everyone and don't have the need to dominate or exercise only my will.

Things seem to work for me. That doesn't mean I am successful in everything I try. I find that I have to face the same challenges as everyone else, but I find that every force that is available and reasonable as a resource is available to me and wishing me success.

This is the way faith works for you.

4>Commitment

A guru who used to run real estate motivational sessions as they were called back then, had some great insights born of one of his own revelations. He once told me that his whole series of classes and ideas came from one revelation.

In any case, he would say that you can tell if you were committed by the result. If you got the result you wanted, you were committed. If you didn't get the result, you were not. It had a lot to do with trying versus being committed.

An easy example is to *try* and pick up a pencil. Another is if you had a ticket to go to Hawaii and you had to be at the airport at 6 p.m. on a Friday night, what are the chances you would be there? Would you try to be there or would you be there?

This gets me into a sub topic of failure. I say that we never fail if we don't quit. If we don't reach an objective, we need a new strategy. Tony Robbins says that success is the result of goals and strategies.

Sometimes we mistake failing to reach objectives as failing to reach our goal. If this is the case, our real goal was too small. If I want to be a quarterback and I don't make first string in high school, does this mean my quarterback days are over? No.

Matt Cassell never threw a touch down pass in college at USC and never started a game. Yet he was drafted by the New England Patriots. When Tom Brady was injured, Matt took over and did a great job. The next year he was named the team's franchise player and guaranteed a salary of \$14 million. He has since been traded a few times but he is now an NFL quarterback. He never started a game in college. He never gave up. He was a quarterback for life.

If you never give up, you never fail. It is just important to differentiate between goals and objectives. If you want to get good grades in high school so you can go to college and you get an F in science, are you through? No, but you had better create a new study strategy so you can succeed the next time.

Commitment is not giving up.

Not quitting is commitment.

Chapter 6 Making the Conviction to Follow Your Dreams

“Inspiration must be our master, even though following it might disappoint others.”

Part of being inspired is not letting others’ judgments stop us. In sales, we were always told to hang out with people who believed in us and lock out the rest. If we are inspired to pursue a worthwhile endeavor, others do not have the right to judge.

I can understand parents not being happy about a child that wants a sky diving career, but everyone has to examine the right of everyone to pursue their call. These parents



would welcome a change of direction to cooking, but once again, whose life is it?

Those around us sometimes have their own agendas for us. Parents want to guide children because they see it as their duty and obligation; they also do it out of love and good intentions.

But out of these good intentions maybe too many times we are warned to be careful, don’t get hurt, don’t color outside the lines. Life isn’t necessarily safe. Living outside the box takes courage. Maybe we should allow our kids a little more leash to discover what they can handle.

We have to realize that parents never visualize their kids living outside the box.

How must Bear Grylls have been raised to climb Everest at 23; then the youngest climber to achieve it? I personally wouldn’t want my child climbing Everest.

I recently blogged about the 13 year old that set the new record by climbing Mount Everest and kids, who with their parents permission, tried to solo around the world in small sail boats.

Not everyone would support these kinds of efforts. But there must be a path in between “do what I tell you” and “go out and risk your life.”

The reason I bring this up is that we are working under strong programming and direction from a structure that promotes the box and rarely says early, pursue a passion.

I have definitely not disappointed enough people in my life. I don't consider myself a goody goody, but I have had an over riding compulsion to do the right thing. My bosses usually considered me a real Maverick, but that was just me trying to exercise my will in a framework that didn't allow a lot of free will.

Anyone that follows their dream might do so in the face of great resistance. Organizations are set up to create followers and team play. There is no "I" in team, but there is an "I" in Life.

People worry about us often with the best intentions. People think that if we follow the proven route, we will be safe and happy. Robert Frost was famous for a poem about that.

But, so many people do not want to paint inside the lines. We were we born to paint outside and inside the lines. We learn that life and society has a lot of lines. It's one of the first lessons we learn as children. Then we wonder why we don't have creativity or fear striking out on our own

There are big stigmas around success and failure. Why aren't people told that many failures are necessary for success? Failure is a useless word that should be banned.

So many people cannot feel themselves at all in the box. What happens when a wild animal is caged? It often injures itself trying to escape.

If we are connected and know we can live from inspiration, a job in the box might be more tolerable because we would be looking for our path out and know that what ever we are in the box, is not the sum total of who we are.

Chapter 7 Some Examples of Breaking out of the Box

Sometimes things come together as coincidences. It so happens that while writing this E book, I am reading a book called "The 47th Samurai" by Nobel Prize winning Stephen Hunter.

A westerner named Swagger has entered Japan to hunt down a killer gang who chopped up his Japanese comrade's family. A friend of the deceased in the Japanese military wants to help Swagger avenge the deceased's death as well, but he can do little because he is tightly restricted in his official capacity. In a conversation he tries to explain Japan to Swagger

“You see, we have a tight little island here. Rules, boundaries, and traditions everywhere. Do you want to understand the Japanese, Mr. Swagger? Look at a kimono or a *hakama* and see how it is a galaxy of knots, all different, all perfect, all strategically placed. That is why the swords never fall out of the sashes in the movies.

No westerner could tie any of those knots; every Japanese could tie all of them blindfolded. So we are caught up in our own knots, Mr. Swagger. We need a westerner who can cut through knots. F*ck the kimono, f*ck the obi, f*ck the way *saya* fits in the obi, f*ck all that shit. Cut through it. Find out who killed Philip Yano and why?”

So, we may laugh at Japan as we think we are better, but how many knots do we have in our society? How many knots do we have in our lives we think we could never cut through?

Well, speaking of cutting knots, let’s discuss what happens to people when they have a life threatening experience like cancer? With one fell swoop they can change their lives and principals.



Our three brains direct our thoughts by interpreting and balancing the stimulus that is coming in with what the brain remembers or interprets from past experiences. This process can start building a narrower channel of flexibility for our future until there is a very tight knot around our thirst for adventure.

As Swaggers friend tries to tell him about Japan, there is so much tradition, there is no room for variation. Our brains can do that too. We have known people so set in their ways you want to club them.

If our knots totally support life in the box, we might need major surgery to get out.

Another example:

To prepare for meeting the members of this gang, a friend tells Mr. Swagger he had better learn to fight. In Japan, because there are no guns, the sword is the treasured instrument of warfare. It is more treasured to them than our constitution to us.

Swagger submits himself to a week long training that goes on endlessly with two hours sleep here and there. The instructor tries hard in a style foreign to Swagger to break down his natural processes. He tries to convey that Swagger should trust his instincts and stop over thinking.

“Day and night flowed together. Bob never saw the sun, not after the first morning’s work outdoors. He slept in snatches, was pulled from unconsciousness, dragged to the

dojo floor, and put through the paces. ...And suddenly it stopped. Doshu drew back from him and looked at him. Then he delivered a verdict.

“First day, eight cuts. Not bad. Second day, cutting *tameshigiri*, not bad. Yesterday, fighting, good. Today, fighting, not so good. Nothing.”

“I don’t have it today,” said Bob.

“Is no ‘Don’t have today.’ No *yakuza* say, ‘You got today? Okay, now we fight.’ Is only now.

“I’m trying,” Bob heard himself say, and waited for Yoda to answer.

“Is no *try*. Is only *do*.”

But it was Doshu who answered: “You not know enough. Anyone beat you.”

“You go sleep now. Tired, sore, disappointed, confused. Not concentration. You sleep now. You come when you awake. But then you fight.”

“Fight?” Bob said

“Sure. A match. But you must win. No win, I kick you out. I cannot help you nothing. You go away. Swagger die soon anyway, no worth helping.”

I know, long and laborious. But so is life if you are struggling against what seems to be insurmountable odds. Frustrations pile up like a mountain of sand. We often feel we are out of our element.

We operate from too much thinking and not enough instinct and action.

Trying is working to reach a goal by over coming obstacles. Motivation is needed because the act is evidently not natural or inspirational to us.

Inspiration is doing. It is us, No one has to motivate us to do it. It comes from passion which develops into determination. Every action is pure because it comes from a pure place. We are samurai. We don’t try to be samurai.

Inspiration is a cutting sword that slices through the meaningless existence of living in the box and chasing false goals.

In Inspiration, we are connected and we know we were perfect the day we were born. We know we have entitlement to be who we are because who has the right to deny us?

We love, because we are love and everything in our natural existence has been placed here for us. We have food, water, and sunshine.

We have faith, because for 115,000 years, man as we know him in his present form has evolved and often prospered. The earth may rock and shake, but for 5 billion years, it has not fallen off its axis and it won't while we are here.

We have commitment because there is no failure. We can have what we aim for. Given enough time, we can cut through the largest boulder with a hammer and chisel.

With motivation, we are trying to cut through the boulder so that we can get a reward when we succeed. With Inspiration, we are the hammer and chisel, just doing our thing.

There is the box and there is Inspiration. In life, the box can be the dull sword while Inspiration is the *katana*.